

Practice Exercises

Name: _____ Date: _____

"Managing Impulsivity"

Chris has been learning about managing impulsivity all day, but sometimes he needs help. Can you help him out with his homework?

Carefully trace each word. Then connect the word to the proper picture.



Maria

book

chair

Chris

Managing your impulsivity means doing three specific steps.
Trace each word carefully! What do they say?



stop

think

act

