

# SEL Week One



Greetings Owls!

I sure miss seeing each of you.

I know that you probably miss seeing your friends right now due to school being closed. I thought it might be a good idea for you to take a few minutes to write some sentences about a friendship that you have that is important to you. You can use the following worksheet (Worksheet 9) to share your ideas. If you'd like to, you can also draw a picture of you and your friend. Once school starts up again, you can give them your drawing.

Have a great week.

Stay healthy and safe.

See you soon.

*Mr. Ritzema*

**WORKSHEET • 9**

# What Do Friends Do?

## Friends . . .

- Hang out.
- Make each other laugh.  
(And cry. And try new stuff.)
- Have each other's back.
- Make each other feel good about themselves.
- Hold up a mirror to each other.
- Share.  
(Stuff. And thoughts. And feelings.)

## What else do friends do?

Below write a brief autobiographical essay. Describe a friendship you have with a classmate. Include examples of all the points listed above.

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